

Jurisdictional Class: Competitive  
Adopted: December 8, 1978  
Revised: August 20, 2010

**WIC NUTRITION EDUCATOR**

**DISTINGUISHING FEATURES OF THE CLASS:** An employee in this class provides nutrition information to, and educates adult participants and parents of, infant and child participants in the special supplemental nutrition program for women, infants, and children (WIC) concerning proper nutrition habits and the prevention of nutrition related problems. The work is performed under the general supervision of the WIC Program Coordinator and direct supervision of the Senior Nutritionist with leeway provided for the use of professional judgment in the provision of a comprehensive nutrition education program. Supervision may be exercised over WIC Nutrition Aides and other staff involved with nutrition aspects of the program. The incumbent does related work as required.

**TYPICAL WORK ACTIVITIES:** (Illustrative only)

Helps plan and delivers a comprehensive nutrition education program for WIC;  
Functions as CPA (Competent Professional Authority) as required by federal and state mandate to determine health risk and to conduct WIC certification appointments;  
Explains to participants and/or parents and guardians of participants the importance of supplemental foods during pregnancy, postpartum periods, infancy, and childhood;  
Performs and interprets hematological screening tests and anthropometric measurements of participants and possible participants in WIC;  
Provides counseling information to individuals on WIC program concerning proper food choices;  
Provides individual nutrition counseling for WIC recipients including assessment, screening, proper care, nutrition plan, education, case review, and recordkeeping;  
May speak to interested community groups concerning the WIC program and other related nutrition topics;  
Assists in development and evaluation of educational materials and resources;  
Attends local and state meetings as required.

**FULL PERFORMANCE KNOWLEDGE, SKILLS, ABILITIES & PERSONAL CHARACTERISTICS:**

Good knowledge of fundamentals of nutrition and their applicability to the WIC participants;  
Working knowledge of basic teaching methods and procedures;  
Ability to help organize and assist in the development of a nutrition education program;  
Ability to educate individuals and families concerning the WIC program and the value of supplemental foods;  
Ability to review, select, and develop nutrition education materials for participant and staff use.

**MINIMUM QUALIFICATIONS:** Either:

- (a) Graduation from a regionally accredited or New York State registered four (4) year college or university with a Bachelor's Degree in Nutrition; or
- (b) Graduation from a regionally accredited or New York State registered four (4) year college or university with a Bachelor's Degree in Nursing approved by the New York State Education Department as qualifying for Registered Professional Nurse and one (1) year of experience in maternal/child health; or

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(c) Graduation from a regionally accredited or New York State registered two (2) year college or university with an Associate's Degree in Nursing approved by the New York State Education Department as qualifying for Registered Professional Nurse and two (2) years of experience in maternal/child health; or

(d) Graduation from a regionally accredited or New York State registered four (4) year college or university with a Bachelor's Degree in Home Economics, with specialization in nutrition; a minimum of twelve (12) semester credit hours in nutrition with grades of "C" or better in areas of: basic or general nutrition, nutrition in the lifecycle or human nutrition, community nutrition, or maternal or infant nutrition; and one (1) year of experience in maternal/child health.

**SPECIAL REQUIREMENTS:** Certain assignments made to employees in this class will require reasonable access to transportation to meet field work requirements made in the ordinary course of business in a timely and efficient manner.