

**Universal Referral Form for
Adult Care Management and
Residential Services**

(Single Point of Access)

Clinton County, NY

APPLICATION MUST BE COMPLETED IN ITS ENTIRETY PRIOR TO BEING REVIEWED FOR ELIGIBILITY

| | | |
|-------------------------------------|--|--|
| Application for (check one): | <input type="checkbox"/> Care management | <input type="checkbox"/> Community Residence Program |
| | <input type="checkbox"/> Supported Housing | <input type="checkbox"/> Apartment Treatment Program |
| | | <input type="checkbox"/> Homesteads on Ampersand |

Client Basic Information

Client Name: _____ **Application Date:** _____
 Last First MI

Previous names: _____

DOB: _____ Age: _____ Sex: Male Female SSN: _____

Ethnicity: _____ Primary Language: _____ Marital Status: _____
(Optional) (Optional)

Address: _____ City: _____ State: _____

Phone(s): _____

Financial information / sources of income

Monthly Income Amount: _____

Employment: Employer Name: _____

SSI SSD Public Assistance VA Alimony Child support Retirement income

Other income (Describe source and amount) _____

(If applied and not yet receiving a potential source of income, please describe & give date of application)

Existing Rep. Payee? No Yes (Name, address, phone #)

Health Plan

Medicaid Number: _____ Medicare Number: _____
 Other plan: _____ Number : _____

Emergency Contact Information

Name: _____ Relationship: _____

Address: _____ Tel. No. _____

City: _____ State: _____

Referral Information

Person making the referral (name & title): _____

Representing which agency / committee: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____ Email: _____

Relationship to client: _____

Mental Health Information

DSM IV Diagnosis:

Diagnosed by: _____ Date: _____

Axis I:

Axis II:

Axis III(Medical problem):

Axis IV(Stresses):

Axis V: GAF Current _____ GAF Highest level in past year _____

| Risk Factors: (Explain below as necessary) | Unknown | Not Present | Mild | Moderate | Severe |
|---|---------|-------------|------|----------|--------|
| Suicidal (ideation, attempts) (explain below) | | | | | |
| Physical harm to others | | | | | |
| Victimization by others | | | | | |
| Destruction of property | | | | | |
| Fire setting | | | | | |
| Sexually abusive / inappropriate to others | | | | | |
| Reckless behavior possibly leading to physical harm to self or others | | | | | |
| Other (explain) | | | | | |

| Current Mental Health Symptoms: | Unknown | Not Present | Mild | Moderate | Severe |
|--|---------|-------------|------|----------|--------|
| Hallucinations (describe) | | | | | |
| Delusions | | | | | |
| Thought disorder | | | | | |
| Bizarre (psychotic) behavior (describe below) | | | | | |
| Dementia | | | | | |
| Anxiety / Nervousness | | | | | |
| Obsessive / compulsive | | | | | |
| Phobias / fears | | | | | |
| Depression | | | | | |
| Mood swings | | | | | |
| Sleep disturbance | | | | | |
| Irritability | | | | | |
| Anger / temper outbursts | | | | | |
| Hyperactivity | | | | | |
| Attention deficit | | | | | |
| Eating problems (describe) | | | | | |
| Antisocial behavior | | | | | |
| Over sexualized behavior | | | | | |
| Somatic complaints with no known medical cause | | | | | |
| Other (explain) | | | | | |

Recent deterioration of functioning, if any? (describe):

| Historical Factors | Unknown | No | Yes |
|---------------------------------|---------|----|-----|
| Emotionally / verbally abused | | | |
| Physically abused | | | |
| Sexually abused | | | |
| Psychological or social neglect | | | |
| Other | | | |

Drug / alcohol use / abuse (Describe substances used and frequency; include date of last use & any substance abuse treatment received)

| Other disabilities or medical problems (describe below) | Unknown | Not Present | Mild | Moderate | Severe |
|---|---------|-------------|------|----------|--------|
| Mental retardation | | | | | |
| Other developmental disability / delay | | | | | |
| Learning disabilities not accounted for by developmental delays | | | | | |
| Brain damage due to traumatic brain injury | | | | | |
| Physical handicap | | | | | |
| Severe or disabling medical conditions | | | | | |
| Other (describe) | | | | | |

Current mental health treatment? (Where, with whom?) (Medications?) (Compliance?)

If the client has a history of *poor compliance* with mental health services, please describe here.

Mental Health treatment history

Inpatient hospitalizations (Where? Dates? For how long? Why?)

Psychiatric ER visits (Where? Dates? Why?)

Outpatient treatment (Where?, Dates? For what? For how long? Therapist? Compliance? Frequency of crisis calls? Effectiveness of treatment?)

Assisted Outpatient Treatment (AOT) Services (Dates? For how long? Compliance?)

Intensive / supportive case management (Where? Dates? For how long? Case manager? Effectiveness?)

Community residence / supportive / supported housing (Where? Dates? For how long? Success?)

Other (E.g. Self help groups, psychosocial club, crisis center calls. Describe in detail, give dates)

Other Information

CURRENT LIVING SITUATION: *For Supported Housing Applications only****

Do you wish to stay at your current location? Yes No

Do you have a lease with your landlord for your current location? Yes No

- If so, when does your lease expire? _____

Who is your current landlord? _____

What is the rent for this location? _____ /month

Are you getting any help to pay your rent? Yes No

- If so, please list person or agency helping you _____

How many bedrooms are there? _____

Do you need assistance with any of the following:

| | | |
|------------------------------|-----|----|
| Paying a security deposit? | Yes | No |
| Furnishing an apartment? | Yes | No |
| Rental subsidy? | Yes | No |
| Dealing with housing issues? | Yes | No |

If yes, please explain _____

Describe the physical living space (e.g. apartment, house, etc.) and any problems with living conditions.

Has the client ever had problems in past housing (e.g. eviction, inability to live alone, failure to pay rent?)
 No Yes, describe.

Has the client ever been homeless?
 No Yes, describe

Current Living Arrangements

| Household Composition (name) | Age | Relationship to client |
|------------------------------|-----|------------------------|
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |

Medical information: Describe any significant current physical health conditions and treatment being received, including medications and treatment provider and compliance with treatment.

Current medical provider: _____ Date of last visit: _____

Legal Concerns: (Describe all past and current arrests and convictions)

Sex Offender Status: ___No ___ Yes _____Level

Other agency involvement: (Describe any current or past involvement with other agencies. e.g. DDSO, ARC, Child protective / preventive services, etc.)

Education (Last grade completed? GED? Additional training e.g. VESID)

Employment history Describe the kind of work done and success at maintaining employment. List all past & current known employers

Strengths/Needs & Problems

Client Strengths / Interests (What can professional interventions build upon?)

| Client Needs (Areas affected by psychiatric illness) | None | Low | Medium | High | Explanation |
|---|------|-----|--------|------|-------------|
| <u>Self care</u> (ADL's, hygiene, grooming, hygiene, nutrition, shopping, cooking, completing chores) | | | | | |
| <u>Money management</u> | | | | | |
| <u>Housing</u> (obtaining adequate housing, furniture, appliances) | | | | | |
| <u>Home management</u> (cleaning, use of appliances, household organization) | | | | | |
| <u>Transportation</u> | | | | | |
| <u>Psychiatric services</u> (getting access, keeping appointments, appropriate use) | | | | | |
| <u>Medical services</u> (getting access, keeping appointments, appropriate use) | | | | | |
| Client Needs, (Continued) (Areas affected by psychiatric illness) | None | Low | Medium | High | Explanation |
| <u>Medication management</u> | | | | | |
| <u>Legal</u> (help dealing with the legal system) | | | | | |
| <u>Social security</u> (obtaining, keeping) | | | | | |

| | | | | | |
|---|--|--|--|--|--|
| <u>DSS</u> (Medicaid, PA, food stamps, etc.) | | | | | |
| <u>Work / School</u> (attendance, ability to function in the work / learning environment and complete assigned tasks) | | | | | |
| <u>Social Relationships</u> (Establishing or maintaining satisfactory & appropriate relationships with peers) | | | | | |
| <u>Handling emergencies</u> / solving problems | | | | | |
| <u>Other</u> (describe) | | | | | |

Housing applications only: Describe any special condition(s) that would have a bearing on the client's ability to live in a community residence, apartment treatment program or supportive housing

Goals: (What do you expect the client to accomplish by virtue of his/her receiving care management or housing services?)

**Request for
Intensive Mental Health Services
And
Information Release Authorization
To
Single Point of Access Committee**

Name: _____

DOB: _____

I request that I be considered for the following intensive mental health services: (check all that apply)

Care management

**Community residence program
(Physician's Authorization Required)**

Supported Housing

**Apartment Treatment Program
(Physician's Authorization Required)**

Homesteads on Ampersand

I am knowledgeable of what the above named services consist of and understand what services are requested on my behalf.

I understand that acceptance into one of the above programs is decided by Clinton County's Single Point of Access Committee. I understand that this committee is composed of representatives of community agencies and consumer advocates. Community agencies represented include, but are not limited to, Clinton County Mental Health and Addiction Services, Behavioral Health Services North, CVPH Medical Center, Department of Social Services, Department of Probation, Office for People with Developmental Disabilities (OPWDD), Office for the Aging , ETC Housing Corp., Champlain Valley Health Network and National Alliance on Mental Illness (NAMI). I understand that the members of this committee have agreed in various signed agreements to be bound by the highest standards defined by law (42 C.F.R. Part 2) to maintain the confidentiality of the information presented to the committee and to not discuss that information outside the scope of the committee.

I understand that it is the role of the committee to oversee the use of the above named services in Clinton County and to decide what level of service is most appropriate for each client in light of the demands for those services. The committee's decision will be based on information about me from a variety of sources available to the committee.

With this understanding, I give my permission for members of the Clinton County Single Point of Access Committee to share information regarding me in order to determine my eligibility for the services named above. I further understand that I may withdraw this request and permission to share information (except for actions already taken) at any time without jeopardizing my current treatment or any future application for these services. Unless my permission is withdrawn I understand that this request / authorization will remain in effect as long as I continue to receive the services covered by this committee.

Signature: _____

Date: _____

Witness: _____

Date: _____

Withdrawal of Request / Authorization

I voluntarily withdraw my request for case management or housing services and in so doing withdraw my authorization for the Clinton County Single Point of Access Committee to continue to share information regarding me. I understand that this withdrawal does not cover actions that have already been taken by this committee.

Signature: _____

Date: _____

Witness: _____

Date: _____



**Initial Authorization For
Restorative Services
Of Breakthrough II Community Residence Programs**

(Community Residence & Apartment Treatment Program Applications Only)

**(To be signed by a licensed physician and the individual requesting consideration for
housing services on the same date)**

I have met with my physician on this date and discussed the Breakthrough II Residence Program and the services and supports it has to offer. By signing this form I have consulted with my physician and I am asking for consideration to have my application reviewed by the SPOA committee for admission to the program.

Applicants Name: _____

Applicants' Signature _____ **Date** _____

Applicants Medicaid Number: _____

I, the undersigned licensed physician, based on my review of the assessments made available to me and having met face to face on this date with this individual to discuss the Breakthrough II Residential Program, have determined that the above named person would benefit from the provision of mental health restorative services* as known to me and defined pursuant to Part 593 of 14 NYCRR.

Physician's Signature: _____ **Date:** _____

Print Physician's Name: _____

License #: _____

* Mental Health Restorative Services include:

- Assertive / Self Advocacy Training
- Community Integration Services
- Daily Living Skills Training
- Medication Management / Training
- Parenting Training
- Skill Development Services
- Rehabilitation Counseling
- Socialization
- Health Services
- Symptom Management
- Substance Abuse Management

****ALL SIGNATURE DATES MUST MATCH FOR AUTHORIZATION TO BE VALID****