

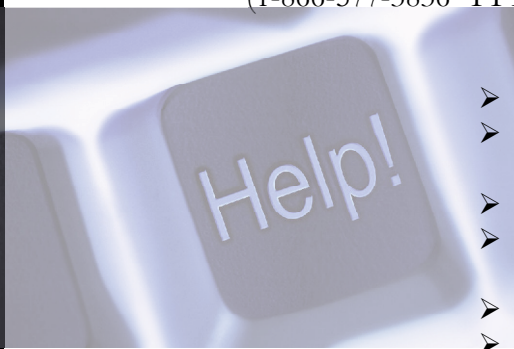
Are you or someone you care about at risk of suicide?

# Clinton County Suicide Hotline

**1-866-5PREVENT**

(1-866-577-3836 TTY: 877-829-1278)

## Have You or A Friend...

- 
- Talked about wanting to hurt or kill themselves?
  - Looked for ways to kill themselves by seeking access to firearms, available pills or other means?
  - Felt hopeless, rage or uncontrolled anger?
  - Acted reckless or engaged in risky activities without thinking?
  - Felt trapped - like there's no way out?
  - Increased alcohol or drug use?
  - Withdrawn from friends, family and society?
  - Felt anxious, agitated, unable to sleep?
  - Experienced dramatic mood changes?
  - Seen no reason for living or had no sense of purpose?

*Get the facts -  
take the appropriate action.*

**1-866-577-3836**