

Young Adult Alcohol Awareness Program

Clinton County Mental Health and Addiction Services offers a 6 week Educational Based Program on Alcohol Awareness. Each session lasts one and a half hours and is focused on the legal and medical consequences of the use of alcohol, developing good communication skills as well as increasing self-esteem and healthy coping skills. Participants will submit to a breathalyzer at each session.

The program is designed for young adults between the ages of 17-25 who have experienced a legal consequence resulting from their use of alcohol.

The sessions are scheduled on Mondays from 3:30-5:00 pm at Clinton County Mental Health and Addiction Services, located at 130 Arizona Avenue, Plattsburgh, New York.

Referral to the program is arranged through the Clinton County DA Office. Attendance at all 6 sessions is mandatory to complete program. The cost of the program is \$300.00 which must be paid prior to the first session.

To register for the program, participants should call Alison Darrah at 565-4026.