

INTERNATIONAL TRAVEL IMMUNIZATION SERVICES

The Clinton County International Travel Immunization Services

Many immunizations are advised for individuals engaging in international travel. There are vaccines to help keep people healthy while traveling abroad. Certain countries require immunizations before you can enter.

The risk of getting an illness or disease while traveling depends on the countries to be visited. Immunizations can decrease the chance and may prevent serious illness and diseases.

Specific vaccines require multiple doses to produce protection. Planning enough time before travel for vaccination is essential.

Plan 3 to 6 months before traveling to assure maximum protection from vaccinations!

What Foreign Countries?

When traveling to most developed countries, the risk of diseases are no greater than in the United States. However, booster of routine adult vaccinations are advised.

Immunizations are recommended when traveling to Africa, Asia & Southeast Asia, Caribbean, Central & South America, India and the Middle East.

You may need medicine to prevent malaria. Your public health nurse can advise you about this.

Vaccinations Available

Hepatitis
Immune Globulin
Influenza & Pneumococcal
Japanese Encephalitis
Lyme
Measles, Mumps, Rubella
Meningococcal meningitis
Polio
Rabies
Tetanus / Diphtheria
Typhoid
Varicella
Yellow Fever

Fees, Location, and Times to Receive Services?

Your public health nurse will discuss with you required immunizations after reviewing your travel plans.

Fees are revised annually based upon vaccine cost and demand.

For more information or to schedule an appointment call us Monday through Friday from 8:00 am to 4:00 pm.

Contact Us

To receive more information, call or visit us at:

Clinton County Health Department
Health Services Unit
133 Margaret Street
Plattsburgh, NY 12901
Tel: (518) 565-4848

Travel Tips

Things to take with you when traveling

Health Insurance Identification

Personal health history: list of medical conditions, allergies, blood type, medications (leave in original prescription containers)

Vaccination record

A prescription is needed whenever carrying syringes

Personal First-Aid Kit: Motion sickness medicine, diarrhea medicine, constipation remedy, cold medicine, hydrocortisone cream, antibiotic cream, adhesive bandages, and thermometer

Rabies

Avoid petting animals. If you get bitten by an animal while traveling always assume the animal is rabid and receive prompt medical attention.

Other Travel Tips

Women who are or may be pregnant, children and persons with certain allergies may have special medications and vaccination needs

Use insect repellent & precautions

Use good food and water precautions

Let someone know your itinerary (hotel names, flights, etc.)