

## IMMUNIZATIONS

### The Clinton County Immunization Program

Immunizations are the single most effective way to prevent serious and life threatening diseases. Choosing to immunize protects not only yourself but your family, friends and the community.

Today, in the United States there are few visible reminders of the suffering, injuries, and deaths caused by these diseases over the last century. Unfortunately thousands of deaths are still attributed to vaccine preventable diseases world wide each year and remain a threat to people's health.

Modern vaccines are quite effective, painless and have a low rate of side effects.

### Who Needs to be Protected?

CHILDREN and ADOLESCENTS need to be protected against:

Diphtheria Hemophilus  
Influenza (HIB) Hepatitis A and B  
+ Influenza (flu) HPV (uterine cancer)  
Mumps Measles  
Pneumonia Pertussis (whooping cough)  
Rubella Polio  
Varicella (chicken pox) \*Rotavirus (infants less than 6 mo.)

Many vaccines come as combinations immunizations for example the MMR (Measles, Mumps and Rubella) and DTaP (Diphtheria, Tetanus and Pertussis) thus decreasing the amount of shots a infant/child needs. Most vaccines are given by injection except as noted.

ADULTS may need to be protected against:

Measles Mumps  
Rubella Varicella  
Hepatitis B Diphtheria  
HPV (females only) Tetanus  
Pneumonia + Influenza  
Pertussis Shingles (Herpes Zoster)

+ Available as nasal spray or injection

\* Available by mouth

## Immunization Schedules

All vaccines have specific age and time frames. It's important to review your immunizations yearly with your health care provider.

[Click here for 0-6yrs old infant / child](#)

[Click here for 7-18 yrs old child / teens](#)

[Click here for adult](#)

[Click here for the New York State requirement for school entrance](#)

[Click here for college entrance requirements](#)

[Click here for the Adult Vaccination Record Form \(to help keep track of your vaccinations\)](#)

## International Travelers

“Plan Ahead” at least 6 weeks before leaving on your trip since some vaccines need time to be effective. Some immunizations for example hepatitis A and B, tetanus and polio may be received at our clinics or from your family health care provider. He/she may also write a prescription for oral anti-malarial and/or typhoid vaccines. Yellow fever vaccine must be received at a registered yellow fever vaccinator. To get more information: [www.cdc.gov](http://www.cdc.gov) click on traveler's health.

## Vaccine Information Statements: VIS

For each immunization received, you will be given a vaccine information sheet. This sheet contains facts about the vaccine. In addition there is information about the National Vaccine Injury Compensation Program, a federal program to help pay for care of anyone who has a serious reaction to a vaccine. [www.hrsa.gov/vaccine.compensation](http://www.hrsa.gov/vaccine.compensation)

## After You're Shots

If needed, treat low grade fevers, aches and soreness with the pain relievers you usually take. For the first 24 hours apply cool compresses on the injection site for redness or swelling and then warm compress as needed. Call your medical provider for any serious reaction.

## NYSIIS Registry

New York State Immunization Information System or NYSIIS is a vaccine registry that provides a permanent lifelong record of your immunizations that will never be destroyed or discarded. By law anyone under the age of 19 will have their immunizations entered in the registry. After age 19 you must sign consent to have your records entered. Registries are important because they;

Combines dates from all providers you may have received immunizations from into a single reliable record. Produce a printable accurate record that can then be used as an official copy for employment, schools, daycares, and camp entry requirements.

Prevents over-vaccination. Without official documentation of your previous immunizations a physician's office cannot determine which vaccines a person has already received. As a result, physicians often need to vaccinate again to assure you have protection against disease.

Permanent, immunization records are only kept by health care providers and schools on average 6 years. Records can be lost or destroyed but will always be available through the registry.

## Payment at Our Clinics

Payment is by cash or check. Medicaid (all vaccines) and Medicare (Influenza and Pneumococcal vaccines only) are accepted but may have co-pays. Bring your cards. Receipts to submit to your insurance will be provided.

Children up to the age of 19 are eligible for reduced immunization costs.

## Clinic Schedules

Immunizations are offered each month on certain Tuesdays and Fridays. Please call for dates! Appointments are recommended, but walk-ins are welcome space permitting.

**Tuesday** – 1-3 PM held at 133 Margaret Street, Plattsburgh. 2nd Floor Old Court House

**Friday** – 9 – 11:30 am held at 133 Margaret Street, Plattsburgh. 2nd Floor Old Court House

Use ramp at [32 Court St.](#) and elevator for handicapped access for either site. Please make us aware when making an appointment if special assistance is needed.

Evening clinics are held one Tuesday per month at the Senior Citizens Council at [5139 North Catherine Street, Plattsburgh](#). Call for dates and appointments.

## Contact Us

To receive more information about immunizations, call or visit us at:

Clinton County Health Department  
Health Services Unit  
133 Margaret Street  
Plattsburgh, NY 12901  
Tel: (518) 565-4848  
Information line: (518)565-4490