

HEALTHY NEIGHBORHOODS PROGRAM

The Clinton County Healthy Neighborhoods Program

How safe is your home? If a fire were to occur in your home would your family know what to do? When was the last time you checked the batteries in your smoke detector? Have you talked with your family about a fire escape plan for your home? Do you have a carbon monoxide detector? Does your home even need one?

Are these questions you are hearing for the first time today? If so you may benefit from a visit from the Clinton County Healthy Neighborhoods Program. Read on to learn more about our program and how we may be able to help you.

What is the Healthy Neighborhoods Program and How Does it Work?

The Healthy Neighborhoods Program (HNP) is a grant funded program designed to help improve the personal health, safety, and environmental living conditions of residents within Clinton County. HNP is able to do this through health and safety surveys that are conducted with participants of the program. HNP is able to do this through health and safety surveys that are conducted with participants of the program. The survey takes place at the home of the participant and takes approximately 30 minutes to complete.

- The survey covers 4 main topics: fire safety, lead, indoor air quality, and asthma. Based on the outcome of the survey, and program eligibility, HNP may be able to provide the participant with a variety of safety products as well as health and safety education.
- Some of the safety products include:
 - Smoke detectors, carbon monoxide detectors and fire extinguishers (to income eligible participants).
 - Child safety products such as cabinet locks, shock stoppers and safety gates.
 - Asthma safety materials such as allergen barrier mattress and pillow covers, as well as dust wipes and other cleaning supplies.
 - Other safety products such as water bottles, first aid kits, flashlights, nightlights, and non-slip bath treads.

Some of the topics covered in the Health and Safety Education are:

[Carbon Monoxide Poisoning Prevention](#)

[Lead Poisoning Prevention](#)

[Fire Burn Safety](#)

[Asthma](#)

[Poisoning Prevention](#)

[Injury Prevention](#)

[Tobacco Cessation](#)

Along with providing safety products and education the Healthy Neighborhoods Program can make referrals for the participant to other Clinton County agencies/ programs that HNP feels the participant could benefit from.

Why Healthy Neighborhoods?

Whether you are a homeowner or renter, the HNP is designed to make county residents aware of the variety of health, social, and environmental services available; we strive to improve the overall level of health, safety, and environmental living conditions within our community.

Do I Have to Take the Survey to Obtain the Healthy Neighborhoods' Safety Items?

Yes. Our program guidelines state that we must go inside the home and complete a survey before providing any information or products.

Something to Keep in Mind

Although the Healthy Neighborhoods Program Educators are in your home, remember that we are not there to judge or be invasive. If you have questions or concerns with anything in your home, we will gladly help you with any problems and refer you to local agencies or programs if we cannot assist you. Any identifying markers you provide us with—such as your name, address, or phone number—are kept confidential within our program. Only staff from the HNP have access to this information. The only information provided to the public are the survey questions, but without your name, address, or phone number. Only with permission, will we make referrals in which your name and phone number will be included.

How Much Does it Cost to Participate in the Healthy Neighborhoods Program?

The Healthy Neighborhoods Program is a New York State grant funded program that is FREE to all Clinton County residents regardless of age or income. The only products that we distribute in which there are income guidelines to follow are with the smoke detectors, carbon monoxide detectors and fire extinguishers. But these are still provided to the home with no costs.

It's Free But are there Income Requirements to Participate in your Program?

The program is income eligible, but it is FREE to participate. The only products that we distribute in which, depend on one's income, are the smoke detectors, carbon monoxide detectors and fire extinguishers. We use the same income guidelines as the WIC Program and HEAP. However, all other products that we distribute (first aid kits, flashlights, water bottles, child safety products, or asthma safety materials) are not based upon the household income.

How Do I Set up an Appointment with the Healthy Neighborhoods Program?

To receive more information or set up a visit with a Healthy Neighborhoods educator, call or visit us at:

Clinton County Health Department
Health Education Unit
133 Margaret Street
Plattsburgh, NY 12901
Tel: (518) 565-4993
Health Info Line: (518) 565-4870