

## A Definition of Public Health

C.E.A. Winslow, one of the leading figures in the history of public health, characterized public health practice as the science and art of disease prevention, prolonging life, and promoting health and well-being through organized community effort for the sanitation of the environment, the control of communicable infections, the organization of medical and nursing services for the early diagnosis and prevention of disease, the education of the individual in personal health and the development of the social machinery to assure everyone a standard of living adequate for the maintenance or improvement of health. (1920)

The Clinton County Department of Public Health has provided quality public health services to the residents of Clinton County since 1955.

The activities of the Health Department are overseen by the eight members of the Board of Health whose purpose is to protect the quality of life and health for all county residents.

*Vision:*  
*Clinton County...*  
*Healthy People in a Healthy Community*

*Mission:*  
*Our mission is to improve and protect the health, well-being, and environment of the people of Clinton County*

*Core Values:*  
*Advocacy, Commitment to Excellence, Integrity, Ongoing Learning, Resourcefulness, Teamwork*

Who are the Board of Health Members?

Lynn Howard, RN, President  
Robert W. Heins, DDS, Vice-President  
Paula Calkins Lacombe, Secretary  
Thomas Everett  
Virginia Hay, RN  
Kathleen Kasprzak, RN, Phd.  
Victor Ludewig, MD  
David Cohen, MD  
Richard Lacki, MD

Membership is determined by New York State Health Department regulations and include Director of Public Health (non-voting), 3 NYS licensed physicians, 3 members representing County at large, and 1 City representative. Board of Health members are appointed for six year terms by the Clinton County Legislature.

## What Does the Health Department Provide For the Community?

- > Ongoing assessment of the community's health care needs
- > Surveillance and Epidemiology
- > monitors the numbers and patterns of preventable illnesses, diseases, and injuries
- > Health assessment, skilled nursing, and referrals for other needed services for individuals needing home health care services
- > Injury prevention and promotion of healthy lifestyle choices through community outreach activities and health education
- > Immunization
- > Case management for families with children with developmental delays from birth to five years
- > Environmental protection, through inspections, monitoring, and education
- > Emergency planning and public health response

## How is the Health Department Funded?

The Clinton County Health Department is funded by Federal, State, Local governmental and private resources.

The Health Department's Finance Unit oversees and implements the systems that protect these fiscal assets.

## Do You Have a Speaker's Bureau?

Yes, we have a speaker's bureau. The Clinton County Health Department will provide health education presentations to promote healthy lifestyles in county residents.

Requests for presentations may be made by contacting the administration office about one month in advance of the desired program date with the expected type and size of the audience, preferred time, and topic chosen. No fee is charged but the sponsoring group is asked to reproduce any handouts or materials needed. The following topics are currently available:

- > Poison
- > Food safety
- > Rabies
- > Lead
- > Hand washing
- > Asthma
- > Home care promotion
- > Early intervention and child development
- > Healthy eating for women of childbearing age

*Other subjects may be addressed by special request and as resources permit.*

## Contact Us

To receive more information, or contact us about our speaker's bureau, call or visit us at:

Clinton County Health Department  
Administration Unit  
133 Margaret Street  
Plattsburgh, NY 12901  
Tel: (518) 565-4840