



# Tummy Time Tip Sheet For Your Baby

## 15-18 months

Your child is learning by imitating and wants to play and work right along side of you. You are your child's best friend and teacher.

### ***Remember Everyday...Tummy Time to Play***

#### **How I grow**

- I can walk quickly and carry objects while walking.
- I can walk backwards pulling a toy.
- I can walk upstairs and downstairs while holding your finger.
- I try to kick a ball.
- I like to lug, tug, and drag things.
- I can stack 2-3 cubes.
- I can do simple puzzles and scribble on paper.
- I can squat and play with toys.



#### **Things to do with me**

- I like to lie on my tummy and read books with you.
- Let me be your helper. I can carry and put away items for you.
- Give me large paper to scribble and color on while I lie on my tummy.
- Teach me patty cake and finger plays.
- I like to group and sort objects.
- I like to play with shape sorting boxes, and stack cups, rings, and blocks.
- Give me hammer toys and drums to make noise.



**I STILL need time on my tummy whether it be crawling, playing or looking at books with you. Be patient with me... new skills take lots of practice.  
Give your baby ..YOU on the floor.**

#### **Clinton County Tummy Time Task Force**

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