

A few words from previous clients

"MOMS program is excellent, as is the staff"

"I will miss the program"

"The MOMS nurse made me feel at ease in an uncomfortable situation."

"I had a wonderful MOMS nurse, we look forward to keeping in contact with her."

"All the staff have been very helpful."



You, your baby and the rest of your family will experience many changes. Pregnancy is an important time for mother and baby. Many changes occur with both of you and in your family.

You have the best chances for having a safe pregnancy and healthy baby when:

- ♥ you have regular medical care beginning EARLY in pregnancy
- ♥ eat a variety of nutritious food such as; fruits, vegetables, breads and meats
- ♥ avoid liquor and alcohol, drugs and cigarette smoke

Choices you make now can have long lasting effects on your life and your new baby.



We look forward to serving you and your family

H: prenatalMOMS/Misc Rev. 2/17/09

MOMS Program

Medicaid Obstetrical Maternal Services



Clinton County Health Department
133 Margaret Street
Plattsburgh, N.Y. 12901



Public Health
Prevent. Promote. Protect.

565-4848

www.clintonhealth.org

Information Line 565-4490

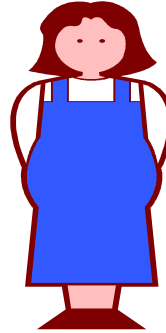
Who is Eligible?

The Clinton County MOMS Program can help you take steps to get care for you and your baby. We offer:

- ☉ free pregnancy test
- ☉ Medicaid coverage for pregnancy care and baby's first year
- ☉ a referral to WIC which provides checks to buy nutritious foods
- ☉ confidential HIV counseling and testing, lead screening, TB testing and immunizations
- ☉ ongoing pregnancy, birth and parenting support
- ☉ individual meetings at home, school, WIC clinics, or place of your choice
- ☉ group meeting at the Health Department
- ☉ help with arranging for doctor appointments and transportation
- ☉ information on other useful community resources for the pregnant woman and her family
- ☉ help and support to quit smoking
- ☉ help and support to enable you to have a healthy pregnancy and become a happy parent

Any pregnant woman who lives in Clinton County and who is at or below the eligible income levels and uses participating medical providers.

Call 565-4848 to make an appointment. Evening appointments are available.



ELIGIBLE INCOME LEVELS	
(A pregnant woman = 2 people)	
Number in Household	Gross Monthly Income
2	2,429
3	3,052
4	3,675
5	4,299
6	4,922

Clinton County does not discriminate on the basis of race, color, national origin, sex, religion, age, or disability in employment or the provision of services.

Expectant Woman's Name: _____ Due Date: _____

Address: _____

Doctor's Name: _____ 1st Doctor's Visit Date: _____

I would like to participate in MOMS: _____ YES _____ NO

The best way to contact me is: _____

Please circle the best time to reach me: _____ MORNING _____ AFTERNOON _____ EVENING

My home telephone number is: _____ Friend's Tel. #: _____

If necessary: Work Tel. #: _____ On Medicaid Now _____ On WIC Now _____

