



THE PUBLIC HEALTH CONNECTION

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Clinton County Health Department Works to Better Meet the Community's Needs in 2012

As we enter the new year surrounded by change, the Clinton County Health Department wants to share with you some of the ways we will be better able to serve our community.

The frequency of HIV counseling and testing services will be increasing in 2012. Clinton County has seen an increase in STI case reports have throughout the year. Since HIV has similar risk factors we want to ensure that all Clinton County residents have access to testing. CCHD offers both confidential and anonymous testing using the rapid result oral test. Testing is free and provided at our 133 Margaret Street location. **Remember, NYS law requires HIV counseling and testing be offered to all patients aged 13-64 years of age.**

Due to declining enrollment and other factors, the Well child Clinic will be discontinued beginning in 2012. The vaccine needs of these individuals will be met through weekly immunization clinics that serve county residents of all ages. Children under the age of two who do not have a medical home will be enrolled in the Family Service program, a nursing case

management/ referral service program, to assist parents with obtaining health insurance and a health care provider. The nurse will also provide referrals for WIC, developmental screening, lead screening and other special needs as appropriate.

More information about these program changes will be sent to providers soon. Questions? Please call 565-4848.

Reporting suspected or confirmed communicable diseases is mandated under the New York State Sanitary Code (10NYCRR 2.10,2.14). Physicians, laboratories and other locations providing health services are required to report the diseases listed in the attached DOH-389 NYSDOH "Communicable Disease Reporting Requirements" by contacting the Clinton County Health Department Division Environmental Health and Safety @ (518) 565-4870. For more information please visit <http://www.health.ny.gov/professionals/diseases/reporting/communicable/>.



Have you seen the new MMWR recommendations regarding the immunization of Health Care Workers? Visit <http://www.cdc.gov/mmwr/pdf/rr/rr6007.pdf> For more information.

Children With Special Health Care Needs (CSHCN)

The Children with Special Health Care Needs Program is a program designed to provide parents and families of children, age birth to 21 who meet specific health deficit criteria, with referrals and assistance obtaining services to meet the needs of the child. Children in the CSHCN program receive a nurse case manager who helps the families access services such as transportation, financial support and education. The nurse can see the family in their home environment and assess the need for additional referrals not expressed by the parent.

So far in 2011, 22 children were enrolled into the CSHCN Program. The majority of them entered the program by referral through the Clinton County Health Department's Newborn Program for support and services related to prematurity related health concerns. Other children received referrals for items such as assistance obtaining adaptive equipment or additional support services.

Do you know a child who would benefit from this free program? Please refer today by calling 565-4848.

* Clinton County Health Department Works to Better Meet the Community's Needs in 2012



- * Children With Special Health Care Needs (CSHCN)
- * 2011 Lyme Disease Cases Higher for Clinton County
- * More Clinton County Residents Have Access to Fluoride

Clinton County does not discriminate on the basis of race, color, national origin, sex, sexual orientation, religion, or disability in employment or the provision of services.

2011 Lyme Disease Cases Higher for Clinton County

The number of Lyme cases reported in Clinton County has grown steadily in recent years. There has been about a 40% increase in cases in 2011 when compared with 2010. Some of this increase may be due to the unusually warm, wet weather during 2011. It has even been warm enough this November and December for ticks to continue to be active!

Lyme disease is caused by a bacterium carried by ticks. Ticks infect mice and other mammals, including humans, when they bite them and take a blood meal.

Often the first sign of Lyme disease is a red, roundish rash at least two inches across with a lighter colored center. The rash is referred to as a "bull's-eye" rash because of its resemblance to one. During this early stage the bacteria are still in the rash and the infection is easily controlled with antibiotics.

If not treated, the infection can spread into many different parts of the body, including the joints, heart and nervous system. Joints become painful as they swell with fluid. Heart rhythms can be disrupted. Memory and ability to concentrate can be affected. Lyme disease may cause dementia when the brain is infected. It is much more difficult to treat Lyme at this stage.

Protect yourself from ticks and tick bites if outdoors when ticks are active!

- Wear long, light colored clothing. This makes ticks easier to see.
- Tuck pants into socks or boots.

- Use insect repellants that contain DEET.
- Inspect yourself for ticks after being outside. Immediately remove any unattached ticks.
- Gently remove attached ticks with tweezers or seek medical attention for assistance with removal.
- Monitor bite site for development of a "bull's-eye" type rash.

If you develop a "bull's-eye" rash, seek treatment as soon as possible! If you have been exposed to ticks and develop flu-like symptoms like fever, headache and muscle aches, even if you do not have rash, call or visit your doctor's office.



Did You Know?

- ◆ 25.1% of the US population is considered obese, meaning with a BMI equal to or greater than 30.
- ◆ 22.9% of NYS population is obese.
- ◆ **32.6%** of Clinton County Residents are obese, well above both state and national levels!



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Health Services Unit
133 Margaret Street
Plattsburgh, NY 12901
Tel: (518) 565-4848
Fax: (518) 565-4821
Information Line: (518) 565-4490
www.clintonhealth.org**



More Clinton County Residents Have Access to Fluoride

Recently the Town of Schuyler Falls made a decision to supply the homes in the Morrisonville Water District with water purchased through the Town of Plattsburgh. This decision has led to approximately 1300 more Clinton County residents having access to fluoridated water.

For more information about fluoride and its benefits please visit the CDC's Division of Oral Health @ <http://www.cdc.gov/oralhealth/>.

Lactation Services Advance

Susan Trombley, Breastfeeding Project Coordinator with the Division of Health Planning and Promotion, has earned certification as an International Board Certified Lactation Consultant (IBCLC).

Sue assists mothers with breastfeeding through the Women, Infants and Children (WIC) program. She provides support and education to women in this program who choose to breastfeed their children.

The Press Republican featured Sue and her achievements in a recent article highlighting her certification. Please visit pressrepublican.com/0100_news/x162974739/Local-woman-earns-international-breastfeeding-certification to read this article.

Referrals for income eligible families can be made by calling 565-4830.

NEW YORK STATE DEPARTMENT OF HEALTH
Communicable Disease Reporting Requirements

Reporting of suspected or confirmed communicable diseases is mandated under the New York State Sanitary Code (10NYCRR 2.10.2.14). The primary responsibility for reporting rests with the physician; moreover, laboratories (PHL 2102), school nurses (10NYCRR 2.12), day care center directors, nursing homes/hospitals (10NYCRR 405.3d) and state institutions (10NYCRR 2.10a) or other locations providing health services (10NYCRR 2.12) are also required to report the diseases listed below.

Anaplasmosis	C Foodborne illness	Influenza, laboratory-confirmed	Psittacosis	Streptococcal infection (invasive disease) ⁵
Amebiasis	Giardiasis	Legionellosis	C Q Fever ²	Group A beta-hemolytic strep
C Animal bites for which rabies prophylaxis is given ¹	C Glanders ²	Listeriosis	C Rabies ¹	Group B strep
C Anthrax ²	Gonococcal infection	Lyme disease	C Rubella	Streptococcus pneumoniae
C Arboviral infection ³	Haemophilus influenzae ⁵ (invasive disease)	Malaria	(including congenital rubella syndrome)	C Syphilis, specify stage ⁷
Babesiosis	C Hantavirus disease	C Measles	Salmonellosis	Tetanus
C Botulism ²	Hemolytic uremic syndrome	C Melioidosis ²	C Severe Acute Respiratory Syndrome (SARS)	Toxic shock syndrome
C Brucellosis ²	Hepatitis A	Meningitis	Shigatoxin-producing E.coli ⁴ (STEC)	Transmissible spongiform encephalopathies ⁸ (TSE)
Campylobacteriosis	C Hepatitis A in a food handler	Aseptic or viral	Shigellosis ⁴	Trichinosis
Chancroid	Hepatitis B (specify acute or chronic)	C Haemophilus	C Smallpox ²	C Tuberculosis current disease (specify site)
Chlamydia trachomatis infection	Hepatitis C (specify acute or chronic)	C Meningococcal	Staphylococcus aureus ⁵ (due to strains showing reduced susceptibility or resistance to vancomycin)	C Tularemia ²
C Cholera	Pregnant hepatitis B carrier	Other (specify type)	C Staphylococcal enterotoxin B poisoning ²	C Typhoid
Cryptosporidiosis	Herpes infection, infants aged 60 days or younger	C Meningococcemia		C Vaccinia disease ⁹
Cyclosporiasis	Hospital associated infections (as defined in section 2.2 10NYCRR)	C Monkeypox		Vibriosis ⁶
C Diphtheria		Mumps		C Viral hemorrhagic fever ²
E.coli O157:H7 infection ⁴		Pertussis		Yersiniosis
Ehrlichiosis		C Plague ²		
C Encephalitis		C Poliomyelitis		

WHO SHOULD REPORT?

Physicians, nurses, laboratory directors, infection control practitioners, health care facilities, state institutions, schools.

WHERE SHOULD REPORT BE MADE?

Report to local health department where patient resides.

Contact Person Clinton County Health Dept.
 Name Epidemiology
 Address 133 Margaret St.,
Plattsburgh, NY
 Phone 565-4870 Fax 565-4941

WHEN SHOULD REPORT BE MADE?

Within 24 hours of diagnosis:

- Phone diseases in bold type,
- Mail case report, DOH-389, for all other diseases.
- In New York City use form PD-16.

SPECIAL NOTES

- Diseases listed in **bold type C** warrant prompt action and should be reported **immediately** to local health departments by phone followed by submission of the confidential case report form (DOH-389). In NYC use case report form PD-16.
- In addition to the diseases listed above, any unusual disease (defined as a newly apparent or emerging disease or syndrome that could possibly be caused by a transmissible infectious agent or microbial toxin) is reportable.
- Outbreaks: while individual cases of some diseases (e.g., streptococcal sore throat, head lice, impetigo, scabies and pneumonia) are not reportable, a cluster or outbreak of cases of any communicable disease is a reportable event.
- Cases of HIV infection, HIV-related illness and AIDS are reportable on form DOH-4189 which may be obtained by contacting:
 Division of Epidemiology, Evaluation and Research
 P.O. Box 2073, ESP Station
 Albany, NY 12220-2073
 (518) 474-4284
- In NYC: New York City Department of Health and Mental Hygiene
 For HIV/AIDS reporting, call:
 (212) 442-3388

1. Local health department must be notified prior to initiating rabies prophylaxis.
2. Diseases that are possible indicators of bioterrorism.
3. Including, but not limited to, infections caused by eastern equine encephalitis virus, western equine encephalitis virus, West Nile virus, St. Louis encephalitis virus, La Crosse virus, Powassan virus, Jamestown Canyon virus, dengue and yellow fever.
4. Positive shigatoxin test results should be reported as presumptive evidence of disease.
5. Only report cases with positive cultures from blood, CSF, joint, peritoneal or pleural fluid. Do not report cases with positive cultures from skin, saliva, sputum or throat.
6. Proposed addition to list.
7. Any non-treponemal test $\geq 1:16$ or any positive prenatal or delivery test regardless of titer or any primary or secondary stage disease, should be reported by phone; all others may be reported by mail.
8. Including Creutzfeldt-Jakob disease. Cases should be reported directly to the New York State Department of Health Alzheimer's Disease and Other Dementias Registry at (518) 473-7817 upon suspicion of disease. In NYC, cases should also be reported to the NYCDOHMH.
9. Persons with vaccinia infection due to contact transmission and persons with the following complications from vaccination; eczema vaccinatum, erythema multiforme major or Stevens-Johnson syndrome, fetal vaccinia, generalized vaccinia, inadvertent inoculation, ocular vaccinia, post-vaccinal encephalitis or encephalomyelitis, progressive vaccinia, pyogenic infection of the infection site, and any other serious adverse events.

ADDITIONAL INFORMATION

For more information on disease reporting, call your local health department or the New York State Department of Health Bureau of Communicable Disease Control at (518) 473-4439 or (866) 881-2809 after hours. In New York City, 1 (866) NYC-DOH1. To obtain reporting forms (DOH-389), call (518) 474-0548.

PLEASE POST THIS CONSPICUOUSLY