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PRECAUTIONS FOR TRAVELERS

Travelers to areas with avian influenza activity should be immunized with the available trivalent human vaccine, preferably at least 2 weeks before traveling.

Travelers should avoid all direct contact with poultry, including chickens, ducks, or geese that appear to be well, and farms or live-animal markets with poultry, and should avoid touching surfaces contaminated with poultry feces or secretions.

Travelers should reduce possible exposure by practicing good hand hygiene with frequent hand washing or use of alcohol gels and by not ingesting undercooked eggs or foods from poultry.

Handwashing is important when handling raw poultry for cooking (e.g., during cooking classes).

Travelers should be advised to consult a health care provider if they become ill with fever and respiratory symptoms within 10 days of returning from an affected area.