

A simple guide to the nine essential items to help you shelter-in-place in the event of an emergency.

# Plan 9

**1 Water**



One gallon per person, per day for three days

**2 Food**



Non-perishable such as canned or packaged food.

**3 Clothes**



One change of clothes and footwear per person.

**4 Medications**



Three days' worth of prescription medication.

**5 Flashlight**



A bright flashlight and extra batteries.

**6 Can Opener**



Manual can opener in case there's no electric power.

**7 Radio**



Battery-powered radio and extra batteries.

**8 Hygiene Items**



Basics like soap, toilet paper and a toothbrush.

**9 First Aid**



Basics like antiseptic, bandages and non-prescription medicines.

