

CATCH© Champion Jill Parks!
2/10/09

Our Eat Well Play Hard Program Educator, Jill Parks, has been nominated as a CATCH© champion!

Jill will be featured in the upcoming national newsletter to discuss how she was able to implement the highly successful CATCH© Kids Club into 8 of the Clinton County afterschool programs. All of the sites received in depth training from the national program, great quality activity equipment, and activity and nutrition guides to implement the program. The result has been improved snack quality at the sites along with expanded non-competitive physical activity options for all students.

This is a shining example of community based activity and nutrition changes to create a healthier environment for our children.

