



# THE PUBLIC HEALTH CONNECTION

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Paula Calkins-Lacombe— Director of Public Health

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## Rabies Update

In August 2 skunks found in the Town of Plattsburgh were confirmed to have rabies. This is the first case of rabies in an animal other than a bat since 1997 in Clinton County.

It is important for providers to educate their patients about rabies. Encourage them to vaccinate their dogs, cats and ferrets. Pets should have a rabies vaccine by 4 months of age and booster rabies vaccinations as recommended by veterinarians. Vaccinate livestock that have regular contact with humans.

Do not encourage wildlife or stray animals to come near homes by feeding them or leaving garbage cans uncovered.

Do not approach any animal that is unfamiliar, especially if it is acting in an unusual manner.

Do not approach unknown animals and teach children not to as well.

**Report any bites from animals or bats to the Health Department.** CCHD staff will determine if it is necessary for the bite victim to be treated for rabies exposure.

If a pet has not been vaccinated but comes in contact with a potentially rabid animal the pet

will have to be quarantined for 6 months. If the pet has already been vaccinated it will need to receive a rabies booster within five days of contact with the rabid animal.

Due to a shortage of rabies vaccine, **ONLY** post-exposure vaccines are being given by the Health Department.

At this time, no wild animals should be transported or relocated.

For more information and to order patient education materials visit the NYS Department of Health @ [www.health.ny.gov/diseases/communicable/zoonoses/rabies/](http://www.health.ny.gov/diseases/communicable/zoonoses/rabies/)

**See Page 2 for a list of upcoming Rabies Clinics.**

## Communicable Disease Alert!

We have seen a dramatic rise in cases of Syphilis this year! To date there have been **13** confirmed cases. The total number of cases in 2010 was 1.

If you test for STIs in your office it is important that you include screening for Syphilis. Discuss the signs and symptoms of this disease as well as transmission patterns.

Call 565-4864, or 565-4870 with questions/concerns.

## IMPROVED PREGNANCY OUTCOME



The Improved Pregnancy Outcome Program is accepting referrals!

If you work with a woman who lives in Clinton County, is pregnant and has increased risk for pregnancy complications or early delivery the IPO program can help.

Women who enroll in the IPO program receive:

- Nurse visits at a time and place that works best for them
- Information about pregnancy and giving birth
- Dental and Wellness kits
- Help to stop smoking
- Referrals for other supportive services
- Other individualized health supportive services.

There are **no minimum income requirements** for this service and it is **FREE!** Call 565-4848 for more information or to make a referral.

**In this Issue**

- \* **Rabies Clinic Schedule**
- \* **Communicable Disease Reporting Update**
- \* **Bonus: Flu Information on Page 3!**



Clinton County does not discriminate on the basis of race, color, national origin, sex, sexual orientation, religion, or disability in employment or the provision of services.

# Announcements and Upcoming Events

## RABIES CLINICS FOR DOGS, CATS and FERRETS Free for Clinton County Residents (SUGGESTED DONATION \$5.00 PER ANIMAL)

All clinics are held from 6:00– 8:30 pm

Tuesday	September 20th	Keeseville Fire Station
Thursday	September 22nd	Rouses Point Fire Station
Tuesday	September 27th	Peru Fire Station
Thursday	September 29th	Chazy Fire Station
Tuesday	October 4th	Morrisonville Fire Station
Thursday	October 6th	Mooers Fire Station
Tuesday	October 11th	Beekmantown Fire Station
Thursday	October 13th	Dannemora Fire Station

For more information call 518- 565-4870  
Check our website: [www.clintonhealth.org](http://www.clintonhealth.org)  
Or find us on Facebook @ <http://www.facebook.com/clintonhealth>



### Did You Know?

- \* More than 1/3 (36 %) of added sugars in Americans' diets are from sugar-sweetened beverages.
- \* Sugar-sweetened beverages are the single greatest contributor to the obesity epidemic and a major contributor to Type 2 diabetes.
- \* More than 20% of total sugar-sweetened beverage consumption occurs at work.



Clinton County Health Department  
Health Services Unit  
133 Margaret Street  
Plattsburgh, NY 12901  
Tel: (518) 565-4848  
Fax: (518) 565-4821  
Information Line: (518) 565-4490  
[www.clintonhealth.org](http://www.clintonhealth.org)



**Public Health**  
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## Communicable Disease Reporting Changes

The communicable disease investigation component of the Clinton County Health Department has moved. The Division of Environmental Health and Safety is the umbrella under which the Epi Team now resides.

The alignment of this team within this new division will improve responsiveness, investigation of communicable disease reports, and surveillance of the community for potential disease outbreaks by placing all of the individuals involved in close proximity to one another increasing communication and collaboration while decreasing report time.

To report by phone please call 565-4864, or 565-4870 (fax:565-4941 )

The mailing address remains the same at 133 Margaret St, Plattsburgh, NY 12901

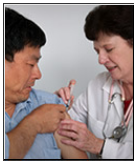
## School Health Professional Meeting



Thursday  
September 22, 2011  
3:30–5:30 pm  
2nd Floor Meeting Room  
133 Margaret St  
Plattsburgh

Call 565-4848 to Reserve!

# 2011-2012 Influenza Vaccine



## What's new in Flu?

This year's flu vaccine is on it's way, you may have already received your first doses! Before you start administering them to patients there are a few things you need to know.

First, this year's Flu vaccine has the same virus protection as last year's vaccine. They are: A/California/7/2009 (H1N1)-like virus; an A/Perth/16/2009 (H3N2)-like virus; and a B/Brisbane/60/2008-like virus. However, this **does not** mean that anyone who received the seasonal flu vaccine last year does not need to get the vaccine this year.

Second, there are some new rules for children. Children under the age of 9 may still need two doses of this year's vaccine regardless of having had 2 doses of another influenza vaccine in the past. If the child **did not** receive any influenza vaccine for the 2010-2011 season then he/she must receive 2 doses this season. You can, however, skip the second dose if the child has any doses of H1N1 during the 2009 season.

Finally, people who have egg allergies are no longer excluded from receiving the influenza vaccine. Practitioners should screen for severity of allergy and vaccinate individuals that are at risk only for mild symptoms. If the recipient reports only getting hives after eating egg or egg products vaccination with TIV is recommended. Monitor these individuals for 30 minutes following vaccination. Vaccinators should be skilled in recognition of severe allergic reaction and the treatment of anaphylaxis.

Vaccination of individuals with severe egg allergy is not contraindicated but these individuals should be seen and evaluated for risk by a physician specializing in the management and treatment of severe allergic conditions.

Patients should be advised to receive an influenza vaccination this season regardless of when they received last seasons vaccine.

Please visit [http://www.cdc.gov/mmwr/preview/mmwrhtml/mm60e0818a1.htm?s\\_cid=mm60e0818a1\\_e&source=govdelivery](http://www.cdc.gov/mmwr/preview/mmwrhtml/mm60e0818a1.htm?s_cid=mm60e0818a1_e&source=govdelivery) to print a copy of the MMWR document: *Prevention and Control of Influenza Vaccine: Recommendations of the Advisory Committee on Immunization Practices (ACIP), 2011, Early Release Vol. 60.*

Visit <http://www.cdc.gov/vaccines/vpd-vac/flu/default.htm> for additional information and to print this year's Influenza VIS's.

## Resources

Pink Book's Chapter on Influenza: [www.cdc.gov/vaccines/pubs/pinkbook/downloads/flu.pdf](http://www.cdc.gov/vaccines/pubs/pinkbook/downloads/flu.pdf)

Standing Orders-  
Adult: [www.immunize.org/catg.d/p3074.pdf](http://www.immunize.org/catg.d/p3074.pdf)  
Child: [www.immunize.org/catg.d/p3074a.pdf](http://www.immunize.org/catg.d/p3074a.pdf)

VIS-  
Live: [www.cdc.gov/vaccines/pubs/vis/downloads/vis-flulive.pdf](http://www.cdc.gov/vaccines/pubs/vis/downloads/vis-flulive.pdf)  
Inactivated: [www.cdc.gov/vaccines/pubs/vis/downloads/vis-flu.pdf](http://www.cdc.gov/vaccines/pubs/vis/downloads/vis-flu.pdf)

Patient Education Materials: [www.cdc.gov/flu/freeresources/index.htm](http://www.cdc.gov/flu/freeresources/index.htm)

## Too Soon to Vaccinate?

If you have flu vaccine it **is not** too early to begin offering it to your patients! It typically takes the body 2 weeks to develop adequate immunity against influenza so the sooner you vaccinate the sooner your patient gets protected.

It does not matter when he/she received the 2010-2011 Influenza vaccine. Even if your patient had their vaccine in the spring of 2011, vaccinate now to ensure adequate protection for this season.

The Clinton County Health Department will begin public clinics in October but many pharmacies and private offices are giving vaccine now don't delay!

## Office Vaccination Programs

Does your office encourage it's employees to get vaccinated? NY State has not reinstated the mandate that Health Care Professionals receive Influenza Vaccine but that shouldn't stop you from instituting an office vaccination program.

Set-up a few dates and times that employees can obtain their vaccines, provide hand-outs and other education regarding the benefits of vaccination ( both for the employee and his/her family), answer questions, offer encouragement and lead by example.

Offering incentive programs for those who participate is a great way to garner support. A coupon for a free lunch, a bonus vacation day for those who remain healthy throughout the season, even a pat on the back and some kudos can be enough to inspire even the toughest critic! And who knows, you may even get a thank you in the Spring!

# Clinton County Health Department

## 2011- Flu Clinic Schedule



***“Shot”, nasal mist, preservative free  
& children vaccines available at all clinics!***



<u>DAY</u>	<u>DATE</u>	<u>TIME</u>	<u>LOCATIONS</u>
Wednesday	<b>10/12/2011</b>	9:30 to 11:30 am	<b>Champlain:</b> American Legion
Wednesday	<b>10/12/2011</b>	1:30 to 3:30 pm	<b>Chazy:</b> Town Hall
Wednesday	<b>10/19/2011</b>	9:00 to 11:00 am	<b>Keeseville:</b> Fire Department
Wednesday	<b>10/19/2011</b>	1:00 to 3:00 pm	<b>South Plattsburgh Fire Station:</b> Rt. 22
Thursday	<b>10/20/2011</b>	9:00 to 11:00 am	<b>Altona:</b> Town Hall
Wednesday	<b>10/27/2011</b>	9:00 to 11:00 am	<b>Saranac:</b> Fire Department
Thursday	<b>11/3/2011</b>	3:00 to 6:00 pm	<b>Plattsburgh:</b> Mall- Champlain Centers Borders- Dick’s entrance

**\*\*Remember to dress to allow easy access to the upper arm\*\***

**Medicaid accepted (you must bring your card)**  
**Medicare Part B accepted (you must bring your card)**  
**\$30.00 for Influenza Vaccine - \$ 45 for Pneumococcal Vaccine**  
**Cash or Checks accepted**  
**\$10.00 per dose if you have HEAP, WIC, or Food Stamps**  
**Children Free (for those less than 19 years of age)**

FOR MORE INFORMATION, CONTACT US AT **565-4848**  
 Or call the Health Information Line at 565-4490  
 Flu information: **[www.clintonhealth.org](http://www.clintonhealth.org)**



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