



Clinton County Health Department

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Public Health
Prevent. Promote. Protect.

“Working Together for a Healthier Community”

Health Information Line: (518) 565-4490 Web: www.clintonhealth.org

Administration Unit

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**Clinton County Health Department
Press Release
H1N1 Media update #4
May 4, 2009**

H1N1 Pending Test Results

All tests sent for H1N1 (swine) by the Clinton County Health Department have tested **negative** for the virus. No additional tests are pending. There are no cases in Clinton County. Active surveillance continues.

The Clinton County Health Department once again reminds everyone to take the following measures to stay healthy and prevent the spread of illness.

- Wash hands often with soap and warm water.
- Use alcohol-based cleaners when soap and water is unavailable.
- Stay home from work or school if you are sick.
- Use tissues when you cough, sneeze, or spit and dispose of the tissue in a covered trash bin.
- Wash hands or use alcohol cleanser immediately after handling tissues.
- Cough or sneeze into your sleeve.
- Keep hands away from your face. Avoid touching eyes, nose, or mouth.
- Clean surfaces in shared space such as phone receivers, keyboards, and office equipment.
- Do not share personal items such as forks, spoons, toothbrushes, and towels.
- If you are sick do not visit infants, the elderly, or those with serious medical conditions.
- Try to keep six feet of space between you and other individuals who are coughing or sneezing.

It is not possible to contract H1N1 (swine flu) from eating pork or pork products.

For more information about H1N1 and additional precautionary measures and daily updates go to:

Clinton County Health Dept. website: www.clintonhealth.org

New York State website: www.nyhealth.gov

Center for Disease Control website: www.cdc.gov/swineflu/

Recorded messages about swine are available by calling the Clinton County Health Info Line at 518-565-4490 and choose option 2. The toll free 24/7 NYS public call center is 1-800-808-1987 and connects to a live person.

Endorsed by: _____

Paula Calkins Lacombe
Director of Public Health