



Senior Meal Sites

SNAPSHOTS



Seniors! Don't eat alone! If you are 60 years of age or older come to one of the sites listed below for a meal and meet new friends. Reservations are appreciated 24 hours in advance. Suggested donation is \$3.00.

All programs are made possible by funding through the New York State Office for the Aging and the Clinton County Office for the Aging.

**Ellenburg Adult Center
St. Edmunds Church Hall
5538 Route 11
Ellenburg, NY 12933**
Open daily 9:00 am to 1:00 pm
Lunch served at 11:30 am
Tel: (518) 594-7311

**Mooers Nutrition Site
Watson Senior Housing
2448 Route 11
Mooers, NY 12958**
Lunch served at 11:30 am
Tel: (518) 236-5111

**Peru Adult Center
VFW
309 Route 22B
Peru, NY 12972**
Open daily 9:00 am to 1:00 pm
Lunch served at 11:45 am
Tel: (518) 643-2829

**Plattsburgh Beekman Towers Nutrition Site
Beekman Towers
50 Truman Avenue
Plattsburgh, NY 12901**
Open Daily 9:00 am to 1:00 pm
Lunch served at 11:45 am
Tel: (518) 561-5360

**Plattsburgh Lakeview Towers Nutrition Site
Lakeview Towers
34 Flynn Avenue
Plattsburgh, NY 12901**
Lunch served at noon
Tel: (518) 561-8696

**Plattsburgh Senior Center
5139 North Catherine Street
Plattsburgh, NY 12901**
Open daily 9:00 am to 1:00 pm
Lunch served at noon
Tel: (518) 561-7393

**Rouses Point Nutrition Site
St. Patrick's Parish Center
9 Liberty Street
Rouses Point, NY 12979**
Lunch served at 11:30 a.m.
Tel: (518) 297-7361

**Saranac Adult Center
Saranac Town Hall, Route 3
Saranac, NY 12981**
Open Wed. & Thur. 9:00 am to 1:00 pm
Lunch served at 11:30 am
Tel: (518) 293-6666 ext. 4



This snap shot provides general information only. Contact the appropriate agency mentioned for information on your individual circumstances.

Clinton County Office for the Aging
www.clintoncountygov.com





SNAPSHOTS

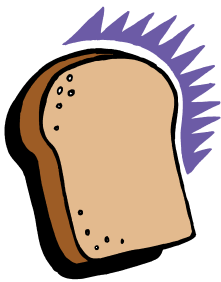
SAMPLE MENU

Chicken Supreme Cheesy Potatoes Spinach Whole Wheat Bread Peaches	Swiss Steak Egg Noodles Cauliflower Italian Bread Brownie	Baked Cod Island Rice Brussell Sprouts Dinner Roll Chocolate Pudding	Oven Fried Chicken Mashed Potatoes Vegetable Rye Bread Pineapple	Roast Pork w/Gravy Sweet Potatoes California Vegetables Dinner Roll Spice Applesauce
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Menu includes 1% milk. Coffee and tea available. Menu subject to change.

Call (518) 561-8320

For more information about our Senior Meal Sites



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