

## What People are Saying About Play it Safe!®

"I knew something was happening to a child in my class, but she would never talk to me. The day after having the Play it Safe!® program presented in my classroom, she came to me with tears in her eyes and told me she was being sexually abused for many months. She said she never knew it was okay to tell but now knew what she needed to do. Thank you for giving her the ability to speak up and get help."  
- 3rd grade Teacher

"The program is presented in a safe way – nothing scary about it. The message is clear and on their level."  
- 8th grade Teacher

"A stranger tried to entice my son into a vehicle. He remembered what he learned at school and got away. My son's life was saved today because of the lessons he learned in Play it Safe!®." - Student's Mother

"This program gives students a voice, providing them the vocabulary and the right information to tell an adult."  
- Pre-K Teacher

Contact us today to:

Provide Play it Safe!® in your community by purchasing a license

or

Schedule a program in Tarrant County, TX

[www.PlayItSafe.org](http://www.PlayItSafe.org)

[info@PlayItSafe.org](mailto:info@PlayItSafe.org)

(888) 984-2294



# Play it Safe!®



## Child Abuse Prevention One Grade at a Time

### About Play it Safe!®



Play it Safe!® is a program of The Women's Center of Tarrant County in Fort Worth, Texas whose mission is *inspiring, teaching and empowering women and families to overcome violence, crisis and poverty.* Since 1980, The Women's Center has built one of the premiere, most comprehensive rape crisis programs in the southwest, and has become an expert in the prevention and intervention of child sexual abuse.

Play it Safe!® is a child abuse awareness and prevention program for children ages Pre-K through 12th grade. Taught one classroom at a time, the program uses a curriculum that has been researched, written and scripted over 3 decades by The Women's Center, and teaches children how to reduce their risk of sexual and physical abuse, and sexual assault. Play it Safe!® helps children recognize potentially abusive behavior, provides the tools to respond to threatening situations, and encourages them to report abuse to a trusted adult.

Serving over 1.5 million children since its inception and tens of thousands of children each year, this innovative training program is comprised of:

- age-appropriate scripts
- evaluative pre/post tests
- curriculum for each grade level, Pre-K through 6th grade
- 5 topic specific curricula for secondary grade levels

### Elementary Curriculum Overview



Through age-appropriate stories, elementary school students learn to recognize the 3 kinds of touch, and are empowered with tools to respond using the 3-part safety rule if they are ever in a dangerous situation. Children learn they can use the safety rule with strangers, or even with someone they know and love.

Several concepts are reinforced throughout the program:

- Most people would never touch a child in an inappropriate way.
- There are 3 types of touch.
- Use the 3-part safety rule.
- It is NEVER too late to tell.
- Child abuse is NEVER the child's fault.

There are a total of 9 scripts and 9 movies for Pre-K through 6th grade. Each 45-60 minute scripted presentation includes a 10-20 minute movie. Movies are provided on DVD and are accessible through online streaming. For grades Pre-K through 2nd grade, Joe and Suzy dolls are provided and wear bathing suits to demonstrate "private parts" - those parts of our bodies covered by a swimsuit.

Also included in grades Pre-K through 2nd are coloring books in English or Spanish, which reinforce the Play it Safe!® message.

### Middle / High School Curriculum Overview



Middle and high school programs are topic specific and address the themes that teens deal with on a regular basis.

Among the 3 middle school and 2 high school program options, the topics include:

- sexual harassment
- healthy relationships
- sexting and cyberbullying
- sexual abuse
- dating violence
- non-stranger sexual assault

Each 45-60 minute scripted presentation includes a 10-20 minute movie. Movies are provided on DVD and are accessible through online streaming.

# Play it Safe!®

## Overview of Movies

Each of the 14 movies was created specifically for the corresponding age-appropriate Play it Safe!® program, and is written into the curriculum. The movies use techniques that appeal to the developmental level of the child. For example, Pre-K and 1st grade are animated, 2nd and 3rd grades rely heavily on humor, and beginning in the 4th grade, drama and line delivery are utilized in powerfully delivered messages. Each lasting between 10-20 minutes, the multi Telly Award winning movies provide a compelling and memorable reinforcement of the messages presented.

### Tick Tock Pre-K

Tick Tock is a friendly watchdog whose alarm goes off when he senses danger. Tick Tock teaches his owner about the 3 kinds of touch and 3-part safety rule.



### Tick Tock and the Twins Kindergarten

Tick Tock the watchdog returns with the same messages as in the Pre-K movie with slightly more mature language, additional characters, and summertime fun.



### Mae Shares a Secret First Grade

Mae is spending the summer with Grandpa, and shares a secret about her mom's boyfriend. In this program, children are taught never to keep a secret when it's not safe.



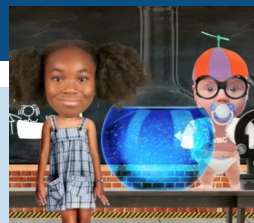
### Bentley's Big Production Second Grade

Bentley is a student with spunk who is making a movie about child safety with his best friend, Goob. This film offers humor to teach risk reduction.



### Vat Would You Do? Third Grade

Humor is a big part of this movie with Baby Professor, a genius, who helps Mia and Marcus with their secrets. Children learn they can get help by telling a trusted adult.



### Chase Steps Up Fourth Grade

Chase loves baseball, but he is tormented by the secret that someone close is abusing him. With the help of his coach, Chase understands he can step up and tell.



### Aiden's Discovery Fifth Grade

Aiden must write a paper about a current event and he chooses the topic of sexual abuse. As he learns more about the issue, Aiden begins to suspect that his best friend, Tori, may be experiencing abuse by her coach and needs help.



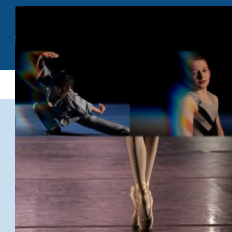
### Survivors Sixth Grade

Behind animated drawings, the voices of two young adult survivors tell their stories of abuse as pre-teens, how they coped, and finally how they began to recover.



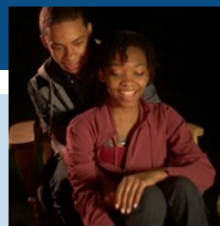
### It's Harassment! Fifth / Sixth Grades

This fast-paced movie will resonate with pre-teens as it describes bullying, sexual harassment, cyberbullying and character assassination. Respect is an essential element in addressing these issues.



### Can't Take it Back Middle School

Through the use of a video diary, this movie exemplifies the serious consequences and impact that engaging in sexting and cyberbullying can have on someone's life.



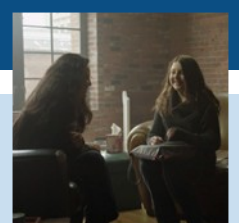
### Relationships: Paint Them Healthy Middle School

This film addresses healthy and unhealthy aspects of a relationship, including mutual respect, boundaries, jealousy and control, and communication skills.



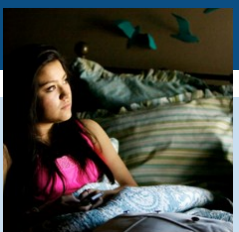
### An Abuse of Power Middle School

In an age-appropriate manner, this movie addresses how the abuser exerts power and control to sexually abuse a minor. It identifies tactics that someone might use to groom an individual, as well as his/her family and community.



### It Was Rape High School

Sexual boundaries and consent are examined through a story about the impact of non-stranger sexual assault. The scenario deals with victim blaming, the role of alcohol/drugs, positive bystander intervention, and actions to promote recovery and healing.



### Seeing the Signs High School

Through the eyes of an abused teen, this movie reflects the signs of escalating dating violence including verbal and physical abuse, and sexual assault.

